# SUMMARY DIAGNOSTIC CHECKLISTS TEMPLATES

# SUMMARY LIFETIME DIAGNOSES CHECKLIST-

			Date of Assessm	ent:/_	
0 = NO INFORMATION 1 = NOT PRESENT 2 = PROBABLE *(wh	3 = DEFINITE 4 = IN PARTIAL REMIS nere applicable, accordi		Probable Diagnosis: 1. Meets criteria for co. 2. Meets all but one, or criteria required for the 3. Evidence of function	r a minimum of i e diagnosis	the disorder. 75% of the remaining
iges: core in years	DIAGNOSIS MOST SEVERE PAST (MSP) EPISODE	AGE OF ONSET MSP EPISODE	DIAGNOSIS CURRENT EPISODE	AGE OF ONSET OF CURRENT EPISODE	
1. Major Depressive Episode	0 1 2 3		0 1 2 3 4		
2. Dysthymia	0 1 2 3		0 1 2 3 4		
3. Unspecified Depressive D	0 1 2 3		0 1 2 3 4		
4. Adjustment Disorder w Depressed Mood	0 1 2 3		0 1 2 3 4		
5. Mania	0 1 2 3		0 1 2 3 4		
6. Hypomania	0 1 2 3		0 1 2 3 4		
7. Cyclothymia	0 1 2 3		0 1 2 3 4		
8. Bipolar Mixed Episode (MDE & Mania)	0 1 2 3		0 1 2 3 4		
9. Hypomania/Mixed Episo	ode 0 1 2 3		0 1 2 3 4		
10. Unspecified Bipolar Di	sorder 0 1 2 3		0 1 2 3 4		
11. Unspecified Mood Disc	order 0 1 2 3		0 1 2 3 4		
12. Primary Mood Disorder Psychotic Features	0 1 2 3		0 1 2 3 4		
13. Disruptive Mood Dysreg Disorder	ulation 0 1 2 3		0 1 2 3 4		
14. Schizoaffective Disorder	0 1 2 3		0 1 2 3 4		
15. Schizophrenia	0 1 2 3		0 1 2 3 4		
16. Schizophreniform Disord	der 0 1 2 3		0 1 2 3 4		
17. Brief Reactive Psychosis	0 1 2 3		0 1 2 3 4		
18. Unspecified Psychotic	DO 0 1 2 3		0 1 2 3 4		
896215	4 YEA	AR ID		DATE /	

## SUMMARY LIFETIME DIAGNOSES CHECKLIST

Ages: Score in years.	DIAGNOSIS MOST SEVERE PAST (MSP) EPISODE	AGE OF ONSET MSP EPISODE	DIAGNO CURREI EPISOD	NT	AGE OF ONSET CURRENT EPISODE	
19. Panic Disorder	0 1 2 3		0 1 2	3 4		
20. Agoraphobia Disorder	0 1 2 3		0 1 2	3 4		
21. Separation Anxiety DO	0 1 2 3		0 1 2	3 4		
22. Social Anxiety DO	0 1 2 3		0 1 2	3 4		
23. Selective Mutism	0 1 2 3		0 1 2	3 4		
24. Specific Phobia	0 1 2 3		0 1 2	3 4		
25. Generalized Anxiety DO	0 1 2 3		0 1 2 3	3 4		
26. Obsessive Compulsive DO	0 1 2 3		0 1 2	3 4		
27. Post-traumatic Stress DO	0 1 2 3		0 1 2	3 4		
28. Acute Stress Disorder	0 1 2 3		0 1 2	3 4		
29. Unspecified Anxiety DO	0 1 2 3		0 1 2 3	3 4		
30. Adjustment DO w/ Anxious Mood	0 1 2 3		0 1 2	3 4		
31. Enuresis	0 1 2 3		0 1 2	3 4		
32. Encopresis	0 1 2 3		0 1 2	3 4		
33. Anorexia Nervosa	0 1 2 3		0 1 2	3 4		
34. Bulimia	0 1 2 3		0 1 2	3 4		
35. Binge Eating Disorder	0 1 2 3		0 1 2	3 4		
36. Eating Disorder NOS	0 1 2 3		0 1 2	3 4		



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## SUMMARY LIFETIME DIAGNOSES CHECKLIST

(MSP) MSP CURRENT CURRENT EPISODE EPISODE EPISODE EPISODE								
37. ADHD 0 1 2 3 4 0 1 2 3 4								
Combined (1) Combined (1) Inattentive (2) Inpulsive/Hyperactive (3) Impulsive/Hyperactive (3)	3)							
38. Unspecified ADHD 0 1 2 3 0 0 1 2 3 4								
39. Conduct Disorder 0 1 2 3 0 1 2 3 4								
40. Oppositional Defiant Disorder 0 1 2 3 0 0 1 2 3 4								
41. Unspecified Disruptive Behavior DO 0 1 2 3 0 0 1 2 3 4								
42. Adjustment DO w/ Dist. of Conduct 0 1 2 3 0 0 1 2 3 4								
43. Adj DO w/ Mixed Mood and Conduct 0 1 2 3 0 0 1 2 3 4								
44. Tourettes 0 1 2 3 0 1 2 3 4								
45. Chronic Motor or Vocal Tic DO 0 1 2 3 0 0 1 2 3 4								
46. Transient Tic Disorder 0 1 2 3 0 1 2 3 4								
47. Autism Spectrum Disorder 0 1 2 3 0 1 2 3 4								
48. Alcohol Use Disorder 0 1 2 3 0 1 2 3 4								
49. Substance Use Disorder 0 1 2 3 0 0 1 2 3 4								
50. Other Diagnosis (specify) 0 1 2 3 0 0 1 2 3 4								
51. Other Diagnosis (specify) 0 1 2 3 0 0 1 2 3 4								
SUBSTANCE INDUCED MOOD AND ANXIETY								
52. Substance Induced Mood DO 0 1 2 3 0 0 1 2 3 4								
Specify Mood	1							
53. Substance Induced Anxiety DO 0 1 2 3 0 0 1 2 3 4								
8962154 ID ID	_							

TREATMENT H	IISTORY	:	Score:	0=No Informati	ion, 1=No, 2=	Yes						
Outpatient Treatment	C	1	2	Psychiatric H	ospitalization	0 1	2					
Age of First Outpatient Treatment (years)	:			Age of First P Hospitalization				SUI	CIDAL	BE	HA\	/IOR:
Total Duration of Outpa Treatment (weeks)	atient			Number of Ps Hospitalization					deation: Gesture:	0	1 1	2
				Total Duration Treatment (w	•				Attempt:	0	1	2
	RELIAB	ILITY	OF IN	FORMATION:	☐ Good (2)	 ) □ Fa	ir (1)	☐ Poor (0	)			

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	FOLLOW-UP	SUMMARY DIA	GNOSES CHECKL	LIST
Date of Last	: Assessment:			
1 = NOT PRESENT 4 = 2 = PROBABLE	DEFINITE IN PARTIAL REMIS e applicable, accor			
Ages: Score in years	DIAGNOSIS MOST SEVERE PAST (MSP) EPISODE SINCE LAST INTERVIEW	MSP	DIAGNOSIS CURRENT EPISODE	AGE OF ONSET OF CURRENT EPISODE
. Major Depressive Episode	0 1 2 3		0 1 2 3 4	
. Dysthymia	0 1 2 3		0 1 2 3 4	
. Unspecified Depressive Disorder	0 1 2 3		0 1 2 3 4	
Adjustment DO w/ Depressed Mood	0 1 2 3		0 1 2 3 4	
Mania	0 1 2 3		0 1 2 3 4	
Hypomania	0 1 2 3		0 1 2 3 4	
Cyclothymia	0 1 2 3		0 1 2 3 4	
Bipolar Mixed Episode (MDE and M	ania) 0 1 2 3		0 1 2 3 4	
Hypomania/ Mixed Episode	0 1 2 3		0 1 2 3 4	
. Unspecified Bipolar Disorder	0 1 2 3		0 1 2 3 4	
. Unspecified Mood Disorder	0 1 2 3		0 1 2 3 4	
2. Primary Mood DO w. Psychotic Fe	atures 0 1 2 3		0 1 2 3 4	
B. Disruptive Mood Dysregulation DC	0 1 2 3		0 1 2 3 4	
I. Schizoaffective Disorder	0 1 2 3		0 1 2 3 4	
5. Schizophrenia	0 1 2 3		0 1 2 3 4	
6. Schizophreniform Disorder	0 1 2 3		0 1 2 3 4	
7. Brief Reactive Psychosis	0 1 2 3		0 1 2 3 4	
8. Unspecified Psychotic Disorder	0 1 2 3		0 1 2 3 4	
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## FOLLOW-UP SUMMARY DIAGNOSES CHECKLIST

	Ages: Score in years	DIAGNOSIS MOST SEVERE PAST (MSP) EPISODE SINCE LAST INTERVIEW	AGE OF ONSET MSP EPISODE SINCE LAST INTERVIEW	DIAGNOSIS CURRENT EPISODE	AGE OF ONSET CURRENT EPISODE
19.	Panic Disorder	0 1 2 3		0 1 2 3 4	
20.	Agoraphobia Disorder	0 1 2 3		0 1 2 3 4	
21.	Separation Anxiety Disorder	0 1 2 3		0 1 2 3 4	
22.	Social Anxiety Disorder	0 1 2 3		0 1 2 3 4	
23.	Selective Mutism	0 1 2 3		0 1 2 3 4	
24.	Specific Phobia	0 1 2 3		0 1 2 3 4	
25.	Generalized Anxiety Disorder	0 1 2 3		0 1 2 3 4	
26.	Obsessive Compulsive Disorder	0 1 2 3		0 1 2 3 4	
27.	Post-traumatic Stress Disorder	0 1 2 3		0 1 2 3 4	
28.	Acute Stress Disorder	0 1 2 3		0 1 2 3 4	
29.	Unspecified Anxiety Disorder	0 1 2 3		0 1 2 3 4	
30.	Adjustment DO w/ Anxious Mood	0 1 2 3		0 1 2 3 4	
31.	Enuresis	0 1 2 3		0 1 2 3 4	
32.	Encopresis	0 1 2 3		0 1 2 3 4	
33.	Anorexia Nervosa	0 1 2 3		0 1 2 3 4	
34.	Bulimia	0 1 2 3		0 1 2 3 4	
35.	Binge Eating Disorder	0 1 2 3		0 1 2 3 4	
36.	Eating Disorder NOS	0 1 2 3		0 1 2 3 4	

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### FOLLOW-UP SUMMARY DIAGNOSES CHECKLIST

	Ages: Score in years	DIAGNOSIS MOST SEVERE PAST (MSP) EPISODE SINCE LAST INTERVIEW	AGE OF ONSET MSP EPISODE SINCE LAST INTERVIEW	DIAGNOSIS CURRENT EPISODE	AGE OF ONSET CURRENT EPISODE	
37.	ADHD	0 1 2 3		0 1 2 3 4		
		O Combined ( O Inattentive (: O Impulsive/H	1) 2) yperactive (	O Combined Inattentive Impulsive/h	(1) (2) Hyperactive (3)	
38.	Unspecified ADHD	0 1 2 3		0 1 2 3 4		
39.	Conduct Disorder	0 1 2 3		0 1 2 3 4		
40.	Oppositional Defiant Disorder	0 1 2 3		0 1 2 3 4		
41.	Unspecified Disruptive Behavior	0 1 2 3		0 1 2 3 4		
42.	Adjustment DO w/ Dist. of Conduct	0 1 2 3		0 1 2 3 4		
43.	Adj. DO w/ Mixed Mood and Conduct	0 1 2 3		0 1 2 3 4		
44.	Tourettes	0 1 2 3		0 1 2 3 4		
45.	Chronic Motor or Vocal Tic DO	0 1 2 3		0 1 2 3 4		
46.	Transient Tic Disorder	0 1 2 3		0 1 2 3 4		
47.	Autism Spectrum Disorder	0 1 2 3		0 1 2 3 4		
48.	Alcohol Use Disorder	0 1 2 3		0 1 2 3 4		
49.	Substance Use Disorder	0 1 2 3		0 1 2 3 4		
50.	Other Diagnosis (Specify)	0 1 2 3		0 1 2 3 4		
51.	Other Diagnosis (Specify)	0 1 2 3		0 1 2 3 4		
<u>SU</u>	BSTANCE INDUCED MOOD AND A	<u>ANXIETY</u>				
Sub	ostance Induced Mood Disorder	0 1 2 3		0 1 2 3 4		
	Specify Mood	O Mania	Hypomania	○ Mixed ○ Depression ○	Other/ Unknown	
Su	bstance Induced Anxiety Disorder	0 1 2 3		0 1 2 3 4		
	8962154					
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TREATMENT H	ISTORY	since	e last a	ssessment):	Score: 0=	No Info	rmat	ion,	1=No,	2=Yes				
Outpatient Treatment	0	1	2	Psychiatric Ho	ospitalization	0	1	2						
Age of First Outpatient Treatment (years)				Age of First P Hospitalizatio	sychiatric <sup>n</sup> (years)					SUICIE	DAL	<u>3E</u>	<u>HA'</u>	VIOR:
						_				Idea	tion:	0	1	2
Total Duration of Outpa Treatment (weeks)	atient			Number of Ps Hospitalizatio	•	·				Ges	ture:	0	1	2
	<u>L</u>			Total Duration	•		1		1	Atte	mpt:	0	1	2
				Treatment (we	eeks)				]					
	RELIAB	BILITY	OF IN	FORMATION:	☐ Good	(2)	 ] Fa	ir (1)	P	oor (0)				



# AMERICAN PSYCHIATRIC ASSOCIATION DSM-5 CROSS-CUTTING SYMPTOM MEASURES

http://www.psychiatry.org/practice/dsm/dsm5/online-assessment-measures#Level1

# DSM-5 Parent/Guardian-Rated Level 1 Cross-Cutting Symptom Measure—Child Age 6–17

Child's Name:	Age:	Sex: ☐ Male ☐ Female	Date:
Relationship with the child:			
Instructions (to the parent or guardian of child): The questions question, circle the number that best describes how much (or past TWO (2) WEEKS.		0	•

			None Not at	Slight Rare, less	<b>Mild</b> Several	Moderate More than	Severe Nearly	Highest Domain
	Duri	ing the past <b>TWO (2) WEEKS,</b> how much (or how often) has your child	all	than a day or two	days	half the days	every day	Score (clinician)
l.	1.	Complained of stomachaches, headaches, or other aches and pains?	0 1 2 3 4				(CIIIICIAII)	
	2.	Said he/ she was worried about his/ her health or about getting sick?	0	1	2	3	4	
II.	3.	Had problems sleeping—that is, trouble falling asleep, staying asleep, or waking up too early?	0	1	2	3	4	
III.	4.	Had problems paying attention when he/ she was in class or doing his/ her homework or reading a book or playing a game?	0	1	2	3	4	
IV.	5.	Had less fun doing things than he/ she used to?	0	1	2	3	4	
	6.	Seemed sad or depressed for several hours?	0	1	2	3	4	
V. &	7.	Seemed more irritated or easily annoyed than usual?	0	1	2	3	4	
VI.	8.	Seemed angry or lost his/ her temper?	0	1	2	3	4	
VII.	9.	Started lots more projects than usual or did more risky things than usual?	0	1	2	3	4	
	10.	Slept less than usual for him/ her, but still had lots of energy?	0	1	2	3	4	]
VIII.	11.	Said he/ she felt nervous, anxious, or scared?	0	1	2	3	4	
	12.	Not been able to stop worrying?	0	1	2	3	4	
	13.	Said he/ she couldn't do things he/ she wanted to or should have done, because they made him/ her feel nervous?	0	1	2	3	4	
IX.	14.	Said that he/ she heard voices—when there was no one there—speaking about him/ her or telling him/ her what to do or saying bad things to him/her?	0	1	2	3	4	
	15.	Said that he/ she had a vision when he/ she was completely awake—that is, saw something or someone that no one else could see?	0	1	2	3	4	
X.	16.	Said that he/she had thoughts that kept coming into his/her mind that he/she would do something bad or that something bad would happen to him/her or to someone else?	0	1	2	3	4	
	17.	Said he/she felt the need to check on certain things over and over again, like whether a door was locked or whether the stove was turned off?	0	1 2		3	4	
	18.	Seemed to worry a lot about things he/ she touched being dirty or having germs or being poisoned?	0	1	2	3	4	
	19.	Said that he/ she had to do things in a certain way, like counting or saying special things out loud, in order to keep something bad from happening?	0	1	2	3	4	
	In th	e past <b>TWO (2) WEEKS,</b> has your child						
XI.	20.	Had an alcoholic beverage (beer, wine, liquor, etc.)?		Yes 🗆	No	☐ Don't	Know	
	21.	Smoked a cigarette, a cigar, or pipe, or used snuff or chewing tobacco?		Yes 🗆	No	☐ Don't	Know	1
	22.	Used drugs like marijuana, cocaine or crack, club drugs (like ecstasy), hallucinogens (like LSD), heroin, inhalants or solvents (like glue), or methamphetamine (like speed)?		Yes 🗆	No	□ Don't	Know	
	23.	Used any medicine without a doctor's prescription (e.g., painkillers [like Vicodin], stimulants [like Ritalin or Adderall], sedatives or tranquilizers [like sleeping pills or Valium], or steroids)?		Yes 🗆	No	☐ Don't	Know	
XII.	24.	In the past <b>TWO (2) WEEKS,</b> has he/ she talked about wanting to kill himself/ herself or about wanting to commit suicide?		Yes 🗆	No	□ Don't	Know	
	25.	Has he/ she EVER tried to kill himself/ herself?		Yes 🗆	No	☐ Don't	Know	

#### Instructions to Clinicians

The DSM-5 Parent/ Guardian-Rated Level 1 Cross-Cutting Symptom Measure—Child Age 6–17 assesses mental health domains that are important across psychiatric diagnoses. It is intended to help clinicians identify additional areas of inquiry that may have significant impact on the child's treatment and prognosis. The measure may also be used to track changes in the child's symptom presentation over time.

The measure consists of 25 questions that assess 12 psychiatric domains, including depression, anger, irritability, mania, anxiety, somatic symptoms, inattention, suicidal ideation/attempt, psychosis, sleep disturbance, repetitive thoughts and behaviors, and substance use. Each item asks the parent or guardian to rate how much (or how often) his or her child has been bothered by the specific symptom <u>during the past 2 weeks</u>. The measure was found to be clinically useful and had good test-retest reliability in the DSM-5 Field Trials in pediatric clinical samples across the United States.

#### **Scoring and Interpretation**

Nineteen of the 25 items on the measure are each rated on a 5-point scale (0=none or not at all; 1=slight or rare, less than a day or two; 2=mild or several days; 3=moderate or more than half the days; and 4=severe or nearly every day). The suicidal ideation, suicide attempt, and substance abuse items are each rated on a "Yes, No, or Don't Know" scale. The score on each item within a domain should be reviewed. Because additional inquiry is based on the highest score on any item within a domain, the clinician is asked to indicate that score in the "Highest Domain Score" column. Table 1 (below) outlines threshold scores that may be used to guide further inquiry for each domain. With the exception of inattention and psychosis, a rating of mild (i.e., 2) or greater on any item within a domain that is scored on the 5-point scale may serve as a guide for additional inquiry and follow-up to determine if a more detailed assessment for that domain is needed. A parent or guardian's rating of "Don't Know" on the suicidal ideation, suicide attempt, and any of the substance use items, especially for a child age 11–17, may be used as a guide for additional inquiry of the issues with the child. The DSM-5 Level 2 Cross-Cutting Symptom measures in Table 1 may be used as a resource to provide more detailed information on the symptoms associated with some of the Level 1 domains.

#### Frequency of Use

To track change in the child's symptom presentation over time, the measure may be completed at regular intervals as clinically indicated, depending on the stability of the child's symptoms and treatment status, and preferably by the same parent or guardian. Consistently high scores on a particular domain may indicate significant and problematic symptoms for the child that might warrant further assessment, treatment, and follow-up. Clinical judgment should guide decision making.

Table 1: DSM-5 Parent/Guardian-Rated Level 1 Cross-Cutting Symptom Measure—Child Age 6–17: domains, thresholds for further inquiry, and associated Level 2 measures

Domain	Domain Name	Threshold to guide	DSM-5 Level 2 Cross-Cutting Symptom Measure available online
		further inquiry	
I.	Somatic Symptoms	Mild or greater	LEVEL 2—Somatic Symptom—Parent/Guardian of Child Age 6–17 (Patient Health
			Questionnaire 15 Somatic Symptom Severity (PHQ-15)
II.	Sleep Problems	Mild or greater	LEVEL 2—Sleep Disturbance—Parent/ Guardian of Child Age 6–17 (PROMIS—
			Sleep Disturbance—Short Form) <sup>1</sup>
III.	Inattention	Slight or greater	LEVEL 2—Inattention—Parent/Guardian of Child Age 6–17 (SNAP-IV)
IV.	Depression	Mild or greater	LEVEL 2—Depression—Parent/Guardian of Child Age 6–17 (PROMIS Emotional
			Distress—Depression—Parent Item Bank)
V.	Anger	Mild or greater	LEVEL 2—Anger—Parent/Guardian of Child Age 6–17 (PROMIS Emotional
			Distress—Calibrated Anger Measure—Parent)
VI.	Irritability	Mild or greater	LEVEL 2—Irritability—Parent/Guardian of Child Age 6–17 (Affective Reactivity
			Index)
VII.	Mania	Mild or greater	LEVEL 2—Mania—Parent/Guardian of Child Age 6–17 (adapted from the Altman
			Self-Rating Mania Scale)
VIII.	Anxiety	Mild or greater	LEVEL 2—Anxiety—Parent/Guardian of Child Age 6–17 (adapted from PROMIS
			Emotional Distress—Anxiety—Parent Item Bank)
IX.	Psychosis	Slight or greater	None
X.	Repetitive Thoughts	Mild or greater	None
	and Behaviors		
XI.	Substance Use	Yes/	LEVEL 2—Substance Use—Parent/Guardian of Child Age 6–17 (adapted from the
		Don't Know	NIDA-modified ASSIST)/LEVEL 2—Substance Use—Child Age 11–17 (adapted
			from the NIDA-modified ASSIST)
XII.	Suicidal Ideation/	Yes/	None
	Suicide Attempts	Don't Know	

<sup>&</sup>lt;sup>1</sup>Not validated for children by the PROMIS group but found to have acceptable test-retest reliability with parent informants in the DSM-5 Field Trial.

# DSM-5 Self-Rated Level 1 Cross-Cutting Symptom Measure—Child Age 11–17

Name:	Age:	Sex: U Male U Female	Date:
<b>Instructions:</b> The questions below ask about thing	s that might have bo	thered you. For each guestion, ci	ircle the number that best

**Instructions:** The questions below ask about things that might have bothered you. For each question, circle the number that best describes how much (or how often) you have been bothered by each problem during the **past TWO (2) WEEKS.** 

			None Not at all	<b>Slight</b> Rare, less than a day	Mild Several days	Moderate More than half the	Severe Nearly every	Highest Domain Score	
	Duri	ing the past <b>TWO (2) WEEKS,</b> how much (or how often) have you		or two		days	day	(clinician)	
I.	1.	Been bothered by stomachaches, headaches, or other aches and pains?	0	1	2	3	4		
	2.	Worried about your health or about getting sick?	0	1	2	3	4		
II.	3.	Been bothered by not being able to fall asleep or stay asleep, or by waking up too early?	0	1	2	3 4			
III.	4.	Been bothered by not being able to pay attention when you were in class or doing homework or reading a book or playing a game?	0	1 2 3 4					
IV.	5.	Had less fun doing things than you used to?	0	1	2	3	4		
	6.	Felt sad or depressed for several hours?	0	1	2	3	4		
V. &	7.	Felt more irritated or easily annoyed than usual?	0	1	2	3	4		
VI.	8.	Felt angry or lost your temper?	0	1	2	3	4		
VII.	9.	Started lots more projects than usual or done more risky things than usual?	0	1	2	3	4		
	10.	Slept less than usual but still had a lot of energy?	0	1	2	3	4		
VIII.	11.	Felt nervous, anxious, or scared?	0	1	2	3	4		
	12.	Not been able to stop worrying?	0	1	2	3	4		
	13.	Not been able to do things you wanted to or should have done, because they made you feel nervous?	0	1	2	3	4		
IX.	14.	Heard voices—when there was no one there—speaking about you or telling you what to do or saying bad things to you?	0	1	2	3	4		
	15.	Had visions when you were completely awake—that is, seen something or someone that no one else could see?	0	1	2	3	4		
X.	16.	Had thoughts that kept coming into your mind that you would do something bad or that something bad would happen to you or to someone else?	0	1	2	3	4		
	17.	Felt the need to check on certain things over and over again, like whether a door was locked or whether the stove was turned off?	0	1	2	3	4		
	18.	Worried a lot about things you touched being dirty or having germs or being poisoned?	0	1	2	3	4		
	14	Felt you had to do things in a certain way, like counting or saying special things, to keep something bad from happening?	0	1	2	3	4		
	In th	n the past <b>TWO (2) WEEKS,</b> have you							
XI.	20.	Had an alcoholic beverage (beer, wine, liquor, etc.)?	ı	□ Yes			No		
	21.	Smoked a cigarette, a cigar, or pipe, or used snuff or chewing tobacco?	ı	□ Yes □ No		No	]		
	22.	Used drugs like marijuana, cocaine or crack, club drugs (like Ecstasy), hallucinogens (like LSD), heroin, inhalants or solvents (like glue), or methamphetamine (like speed)?	I	□ Yes		□ No			
	23.	Used any medicine without a doctor's prescription to get high or change the way you feel (e.g., painkillers [like Vicodin], stimulants [like Ritalin or Adderall], sedatives or tranquilizers [like sleeping pills or Valium], or steroids)?	I	□ Yes		□ No			
XII.	24.	In the last 2 weeks, have you thought about killing yourself or committing suicide?	I	☐ Yes ☐ No		No			
	25.	Have you EVER tried to kill yourself?		□ Yes		I	No		

#### **Instructions to Clinicians**

The DSM-5 Level 1 Cross-Cutting Symptom Measure is a self-rated measure that assesses mental health domains that are important across psychiatric diagnoses. It is intended to help clinicians identify additional areas of inquiry that may have significant impact on the child's treatment and prognosis. In addition, the measure may be used to track changes in the child's symptom presentation over time.

This child-rated version of the measure consists of 25 questions that assess 12 psychiatric domains, including depression, anger, irritability, mania, anxiety, somatic symptoms, inattention, suicidal ideation/attempt, psychosis, sleep disturbance, repetitive thoughts and behaviors, and substance use. Each item asks the child, age 11–17, to rate how much (or how often) he or she has been bothered by the specific symptom during the past 2 weeks. The measure was found to be clinically useful and had good test-retest reliability in the DSM-5 Field Trials conducted in pediatric clinical samples across the United States.

#### **Scoring and Interpretation**

Nineteen of the 25 items on the measure are each rated on a 5-point scale (0=none or not at all; 1=slight or rare, less than a day or two; 2=mild or several days; 3=moderate or more than half the days; and 4=severe or nearly every day). The suicidal ideation, suicide attempt, and substance abuse items are each rated on a "Yes or No" scale. The score on each item within a domain should be reviewed. Because additional inquiry is based on the highest score on any item within a domain, the clinician is asked to indicate that score in the "Highest Domain Score" column. Table 1 (below) outlines threshold scores that may be used to guide further inquiry for the domains. With the exception of inattention and psychosis, a rating of mild (i.e., 2) or greater on any item within a domain that is scored on the 5-point scale may serve as a guide for additional inquiry and follow-up to determine if a more detailed assessment for that domain is needed. The DSM-5 Level 2 Cross-Cutting Symptom measures listed in Table 1 may be used as a resource to provide more detailed information on the symptoms associated with some of the Level 1 domains.

#### Frequency of Use

To track change in the child's symptom presentation over time, it is recommended that the measure be completed at regular intervals as clinically indicated, depending on the stability of the child's symptoms and treatment status. Consistently high scores on a particular domain may indicate significant and problematic symptoms for the child that might warrant further assessment, treatment, and follow-up. Clinical judgment should guide decision making.

Table 1: DSM-5 Self-Rated Level 1 Cross-Cutting Symptom Measure—Child Age 11–17: domains, thresholds for further inquiry, and associated Level 2 measures

Domain	Domain Name	Threshold to guide	DSM-5 Level 2 Cross-Cutting Symptom Measure available online
		further inquiry	
1.	Somatic Symptoms	Mild or greater	LEVEL 2—Somatic Symptom—Child Age 11–17 (Patient Health Questionnaire
			Somatic Symptom Severity [PHQ-15])
II.	Sleep Problems	Mild or greater	LEVEL 2—Sleep Disturbance—Child Age 11-17 (PROMIS—Sleep Disturbance—
			Short Form) <sup>1</sup>
III.	Inattention	Slight or greater	None
IV.	Depression	Mild or greater	LEVEL 2—Depression—Child Age 11–17 (PROMIS Emotional Distress—
			Depression—Pediatric Item Bank)
V.	Anger	Mild or greater	LEVEL 2—Anger—Child Age 11–17 (PROMIS Emotional Distress—Calibrated
			Anger Measure—Pediatric)
VI.	Irritability	Mild or greater	LEVEL 2—Irritability—Child Age 11–17 (Affective Reactivity Index [ARI])
VII.	Mania	Mild or greater	LEVEL 2—Mania—Child Age 11–17 (Altman Self-Rating Mania Scale [ASRM])
VIII.	Anxiety	Mild or greater	LEVEL 2—Anxiety—Child Age 11–17 (PROMIS Emotional Distress—Anxiety—
			Pediatric Item Bank)
IX.	Psychosis	Slight or greater	None
X.	Repetitive Thoughts	Mild or greater	LEVEL 2—Repetitive Thoughts and Behaviors—Child 11–17 (adapted from the
	& Behaviors		Children's Florida Obsessive-Compulsive Inventory [C-FOCI] Severity Scale)
XI.	Substance Use	Yes/	LEVEL 2—Substance Use—Child Age 11–17 (adapted from the NIDA-modified
		Don't Know	ASSIST)
XII.	Suicidal Ideation/	Yes/	None
	Suicide Attempts	Don't Know	

<sup>&</sup>lt;sup>1</sup>Not validated for children by the PROMIS group but found to have acceptable test-retest reliability with child informants in the DSM-5 Field Trial.